






CAMP HOPE 2024 CAMPER CHECKLIST

ONLINE CAMPER REGISTRATION

-  Complete and submit camper registration at CampHopeRegistration.com
 - Early registration opens Feb 15th for returning families and March 15th for new families.


CAMPER MEDICAL FORMS

-  Print, complete & upload camper medical forms for each individual camper
-  Attach photocopy of insurance card with forms (front and back)
-  Physician signature on camp medical form or physical form from 2024
-  Signed medication permission form (if needed)
 - Medical forms MUST be received by July 1, 2024
 - Upload forms using link from registration confirmation or camp website

CAMP AGREEMENTS / LIABILITY FORM / COVID POLICY

-  After registration you will receive a link to a document outlining policies on camp agreements, liability and Covid. Read, sign and submit



T-SHIRT ORDER PLACED (IF NEEDED)

-  Visit CampHopeRegistration.com for t-shirt ordering information. Follow the instructions on the t-shirt page
 - Order now through July 15th
 - Shirts will be mailed direct to homes at the end of July

REVIEW PACKING LIST

-  Review Camp Hope packing list and acquire any needed items

KEY INFORMATION DOCUMENT

-  Review Key Information document noting camper drop offs / pickups and other notable items
-  Paperwork submitted online no later than July 1st at the website below. (earlier the better)



CAMP HOPE KEY INFORMATION

1. DATES

- Volunteers arrive Saturday, August 3rd and Camp Hope officially runs Sunday, August 4th to Saturday, August 10th, 2024.

2. CAMPER ARRIVAL

- Camper arrival takes place Sunday afternoon, Aug 4th. Exact drop off times are coordinated by camper last names. Stay tuned for further details.

3. VOLUNTEER ARRIVAL

- Volunteers must arrive by 12pm on Saturday, Aug 3rd for camp setup as well as final orientation & training. NOTE: No campers are allowed at this day

4. CAMPER PICKUP

- Camper pickup will take place on Saturday, August 10th from 12 to 1pm (not before please). Stay tuned for further details

5. CAMP T-SHIRTS

- All campers and staff are required to wear Camp t-shirts everyday at camp. Shirts are available for purchase on the Camp Hope website. Please visit the website for information as to how to order shirts and corresponding deadlines to placing orders.

6. REQUIRED MEDICAL FORMS

FOR ALL CAMPERS AND VOLUNTEERS UNDER 18

- Each camper & high school volunteer under 18 is required to print and submit completed camp medical forms. This must include a doctor's signature or recently signed physical forms (must be from 2024)
- Once completed with appropriate signatures (parent/doctor), all forms must be digitally uploaded on the camp website using the document upload area (scan or photograph - follow link sent to you). Your child's place at camp is not secured until all documents & payments have been received.

ALL ADULT STAFF 18 and OLDER

- All adult staff 18 and older must digitally complete and submit a medical form & medication use form (if needed) but a doctor's signature is not needed

7. CLOSING CELEBRATION

- On Sunday, August 11th, 2:30pm-4:30pm there is a closing Camp Hope celebration hosted at Koinonia Academy in Plainfield, NJ for campers and their families. The celebration includes the debut of the Camp Hope 2024 highlight reel, praise & worship, camp overview, camper sharings, refreshments, and family fellowship.



CAMP HOPE PACKING LIST

- Bible and Rosary
- Notebook Pens/Pencils
- Writing paper
- Ready to mail envelopes
- Sleeping bag or blankets
- Sheets
- Pillow/pillow case
- Play clothes for 1 week
- Camp t-shirts
- Bathing suit* (see below)
- Kleenex
- Hand sanitizer
- Two Towels (Bath/swim)
- Sweatshirt/Jacket
- Hat/Cap
- Raincoat/Poncho
- Sleepwear
- Sneakers, Sandals, Flip-flops
- Flashlight /extra batteries
- All toiletries (toothbrush, toothpaste, soap, shampoo, brush, comb, deodorant)
- Laundry bag
- Rainboots
- Sunscreen
- Bug Repellant
- Water bottle (mandatory)
- Markers/crayons(suggested)
- Baseball glove (if possible)
- Fishing gear (optional)
- Fan (optional)
- Spending money for snack shack (\$10)
- Good reading material

DRESS CODE

The following dress code was developed to allow all attending Camp Hope to participate fully in activities and to assure that no one feels offended or uncomfortable during his or her stay. Please be advised that the following dress code will be enforced for all staff, counselors, and campers. Plan accordingly so that you will not be asked to change inappropriate clothing.

- **IN GENERAL:** All clothing should be neat and in acceptable condition and appearance and worn within the bounds of decency and good taste.
- **CAMP SHIRTS:** Campers & staff must wear camp issued shirts at all times. Please make sure to purchase and pack enough camp shirts (5-7 recommended). An extra shirt or two might be helpful if one gets dirty or wet.
- **OTHER GUIDELINES:** We do not allow clothing that displays profanity, products or slogans that are distracting, or anything that does not support our faith environment. Avoid clothing that is excessively baggy, tight, or short. **MEN:** shorts that fit appropriately or have a belt if necessary
- **WOMEN:** shorts/skirts at least fingertip length w/arms extended at side. No leggings or yoga pants worn as pants
- **WATER ACTIVITIES:** Campers wear cover ups and/or camp t-shirts to and from all water activities. **MEN:** Swimsuits or shorts - **WOMEN:** Swimsuits that are or look like one piece

REMINDERS

- Mark everything you bring with your name
- The showers/bathrooms are separate from the cabins.
- Weather at camp can be hot in the day, and chilly in the early morning/nights
- Please review with your children respect for others and their belongings as well as caring for their own belongings.

WHAT NOT TO BRING

- Electronics of any kind (game systems, cell phones, smart watches, iPads, etc.)
- Inappropriate literature of any kind
- Dangerous toys, hunting equipment, swiss army knives or similar

www.CampHopeRegistration.com



CAMP HOPE CAMPER/UNDER 18 MEDICAL FORM / PERMISSION TO TREAT

I. Camper Information

Camper Legal last and first name _____

DOB _____ Age _____ Please Check Male ___ Female ___ Grade finished as of June this year _____

Home Address: Street _____ City _____

State _____ Zip Code _____ Home phone (____) _____ - _____

Parent(s)/Guardian Name _____

1. Parent Cell/work phone _____

2. Parent Cell/Work phone _____

Address if different from above _____

II. Emergency Contacts in Event Parent Unavailable (2 contacts mandatory)

1. Name/Relationship to Camper _____

Home/Cell/work numbers _____

2. Name/Relationship to Camper _____

Home/Cell/work numbers _____

III. Insurance Information

Medical Insurance Company _____ Subscriber _____

ID Number _____ *MANDATORY - Attach a copy of both sides of card

PHYSICIAN NAME _____ Phone Number (____) _____ - _____

Additional Physician Name _____ Phone Number (____) _____ - _____

ALLERGY INFORMATION: List any allergies to foods, meds, animals, insects, plants or other

*For severe Allergies, Asthma, Diabetes or any health issue requiring a nurse's care, you
MUST provide a mandatory doctor prescribed protocol AND signature*

IV. Offsite Medical Permission

• I give permission for my son/daughter, _____, to leave Camp Hope with Camp Hope Staff Members should the opportunity for an offsite trip be made available. **Yes** ___ **No** ___

• I give permission for my child to receive over the counter cold/cough medication and pain relievers if needed, to be given by a Camp Hope Staff member while off site. **Yes** ___ **No** ___

• I give permission for my child to receive emergency medical care if needed. **Yes** ___ **No** ___

V. Medical Information

A. History: (Check if Yes)

- | | | |
|---|--|--|
| <input type="checkbox"/> Severe Allergies | <input type="checkbox"/> Menstrual problem | <input type="checkbox"/> Bedwetting |
| <input type="checkbox"/> Sleepwalking | <input type="checkbox"/> Hypertension | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Stomach/Bowel problem | <input type="checkbox"/> Head Injury | <input type="checkbox"/> Eating Disorder |
| <input type="checkbox"/> Speech problem | <input type="checkbox"/> Vision problem | <input type="checkbox"/> Fainting |
| <input type="checkbox"/> Lung disease/condition | <input type="checkbox"/> Kidney/Bladder problems | <input type="checkbox"/> Heart Disease |
| <input type="checkbox"/> Hearing Difficulty | <input type="checkbox"/> Orthopedic problems | |
| <input type="checkbox"/> Nasal/Sinus problem | <input type="checkbox"/> Asthma | |

*IF YOU CHECK ANY ABOVE ITEMS PLEASE PROVIDE A WRITTEN EXPLANATION IN FULL

☐ Social/psychological (ADD, learning disability, anxiety, depression, etc.)

EXPLAIN: _____

☐ Behavioral Issue

EXPLAIN: _____

☐ Surgical /serious illness /or injury within the last year

EXPLAIN: _____

☐ Physical Limitation or Other

EXPLAIN: _____

• Can your child participate in all activities: YES ☐ NO ☐ IF NO EXPLAIN: _____

• Please list and explain any general health issue(s) that require ongoing care/nurse's care _____

• Height _____ Weight _____ Date of last tetanus shot _____ (mandatory)

• Dietary restrictions or concerns (please be specific with severe allergies and dietary needs) _____

List any medications regularly used: _____

B. I CERTIFY MY CHILD IS UP TO DATE WITH SCHOOL IMMUNIZATIONS YES ☐ NO ☐

• If you selected no, please explain: _____

• Foreign campers/staff must submit full immunization record and current TB test results) _____

C. A Physician's Signature of Authorization that this child is in good health to attend camp is required

PHYSICIAN SIGNATURE _____ **Date** _____

AUTHORIZATION: (Parents read all information and sign) I, the parent, have fully, accurately, and to the best of my knowledge completed this history. I understand this information will be shared only on a medical/camp need-to-know basis. I understand a sick/contagious child may not come to camp. I authorize the Camp Nurses to administer medications and treatments if needed by my child, according to Camp Hope Standing Orders or a local Camp Doctor. I hold the Camp Staff harmless in connection with the administration of medications and treatments. In the event of an emergency, I hereby give permission to the Camp Staff to secure treatments and emergency care for my child. I understand I am financially responsible for any/all medical bills/copays incurred, including payments incurred not covered by my insurance. I have attached a copy, front and back, of my child's insurance card.

Printed Name of Parent/Guardian/Individual (over 18) _____

PARENT SIGNATURE _____ **Date** _____

CAMP HOPE MEDICATION USE & PERMISSION FORM

PLEASE FILL OUT ONE FORM PER INDIVIDUAL ATTENDING CAMP HOPE

FOR CAMPERS / COUNSELORS under 18 – This Form must be completed by a Parent and Doctor for any camper/counselor taking any medications of any kind - (prescriptions, over-the-counter, vitamins, herbals). Individuals under 18 years of age taking routine medications **MUST** have a signed permission for administration from both the physician and the parent.

FOR COUNSELORS / STAFF 18+ – This Form must be completed by any individual (18+) taking any medications of any kind. (prescriptions, over-the-counter, vitamins, herbals)

LAST NAME _____ FIRST NAME _____ DATE _____

Medications for any individual will be administered by nurses at Camp Hope.

- If a child must carry an emergency medication such as an inhaler or Epi-pen, the doctor must provide specific permission/instructions for carrying and self-administering medication at camp.
- All meds and permission forms will be handed to nurse upon arrival at Camp Hope. Please plan to review administration with nurse and your child.
- Prescription drugs must be in original bottle, with date for this year and labeled for the specific child. Label every prescription box/non-prescription container/equipment with child's name.
- Package all medications for each child in a large Ziploc bag and label with child's name.

MEDICATION	DOSE	FREQUENCY	REASON FOR MEDICATION

I hereby authorize this individual / child to receive the above medications while at Camp Hope.

Individual Name (18+): _____ Individual Signature: _____

Parent and Doctor sign below for any camper / counselor under 18.

Parent/Guardian Name: _____ Parent Signature: _____

Physician Name: _____ Physician Signature: _____